

**Christ Church CE School
PSHE and Citizenship Policy
Spring 2016**



Christ Church
CE Primary School
Regents Park
NW1 4BD

Christ Church C of E Primary School
PSHE and Citizenship Policy

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Mission Statement

The Christian Faith is at the heart of our school community. At Christ Church we care for each other and learn together.

Christ Church is a small, caring school which is committed to a broad, balanced curriculum and to a continual raising of standards. We aim to contribute to the spiritual, moral, cultural, mental and physical needs of every individual.

We are a Church of England school, with a strong commitment to the teaching of Christianity whilst supporting a multi-faith approach to the curriculum. We recognise, value and celebrate the rich cultural diversity that exists in our school.

The Christian ethos of the school is reflected in our positive, disciplined and calm atmosphere. We believe that effective learning takes place when children work in a purposeful and stimulating environment that supports a wide range of learning styles. Mutual respect between adults and children promotes excellent behaviour and well developed social skills. With this approach we seek to achieve high academic standards.

We aim to cater for each individual, taking particular account of any specific needs or abilities. We endeavour to ensure that all our children fulfil their potential and, within this context, we emphasise health and safety, enjoyment and achievement and the beginnings of responsibility for themselves and others. These skills will be carried forward to the next phase of education and throughout life.

The whole school community is committed to a collective responsibility for the implementation of the values inherent in this statement.

Our School Aims - Every Child Matters

The Ethos of the School

The school aims to provide a positive, disciplined, purposeful environment, within a Christian context. We aim to teach children to be caring, to exhibit good behaviour and appropriate social skills and to begin to take responsibility for themselves and others.

The Values of the School

The School aims to value every child and to contribute to the Spiritual, Moral, Cultural, Mental and Physical well being of our whole school community. We value the diversity of our community and we aim to promote the health and safety of everyone.

The Standards of the School

The School aims to teach a balanced Curriculum and to ensure that each child fulfils his or her potential. We aim to provide teaching and learning of a high standard. We believe that this is achieved when pupils are highly motivated, enjoy coming to school, and are appropriately challenged.

Christ Church C of E Primary School

PSHE and Citizenship Policy

Date of policy: Spring 2016

Review date: Spring 2018

AIMS AND OBJECTIVES

This policy aims to:

- Demonstrate to the school community the importance of PSHE and citizenship to the school
- Give information about how it is provided in school and what is taught
- Provide guidance to staff about the content, organisation and teaching of PSHE and citizenship
- Give information about how parents and carers can support PSHE and Citizenship
- Set out how PSHE and Citizenship contributes to the school meeting its statutory duties

It should be read alongside other related policies:

Behaviour, Anti-bullying, Whole School Food, Drugs, Sex and Relationship Education (SRE), Child Protection and Safeguarding, Teaching and Learning, E-safety and Equality.

WHAT IS PSHE AND CITIZENSHIP?

PSHE gives children knowledge, understanding, and skills and helps them explore and develop attitudes and values to live healthy, safe, fulfilled and responsible lives. It helps them manage feelings, learn about how to be healthy and safe and understand about relationships. It covers physical health, emotional health and well being, drug education (including medicines, alcohol, tobacco, volatile substances and illegal drugs), sex and relationship education, citizenship, anti-bullying, safety (including e-safety and anti-bullying), personal finance education, careers and the environment.

Citizenship education gives children knowledge, understanding and skills and helps them explore and develop attitudes and values to become informed, active and responsible citizens. It helps them develop political literacy and explore social and moral issues, distinguish right from wrong and to make a positive contribution to their local, national and global communities. It covers rights and respect for rights, democracy, pupil participation in school life, the rule of law, respecting difference and local and global communities and how to prevent prejudice and discrimination.

WHY TEACH PSHE AND CITIZENSHIP?

We believe that our work on PSHE and Citizenship contributes to our school being a healthy school by enabling children to :-

- Make choices to live healthy lives
- Stay safe
- Develop self-esteem and confidence
- Make a positive contribution
- Respect one another
- Make and maintain positive relationships

Our PSHE and Citizenship curriculum enables us to fulfil our statutory duties to:

- provide a broad and balanced curriculum
- promote the spiritual, moral, cultural, mental and physical development of pupils at the school, and of society
- promote the values of democracy, the rule of law, individual liberty and mutual respect and tolerance described by the DfE as fundamental British Values
- prepare pupils at the school for the opportunities, responsibilities and experiences of later life
- promote pupil wellbeing and community cohesion
- safeguard pupils
- meet the Public Sector Equality Duty to eliminate discrimination, advance equality of opportunity and foster good relations between people

CONTENT OF THE PSHE AND CITIZENSHIP CURRICULUM

Early Year and Foundation Stage (EYFS)

PSHE and Citizenship in Key Stage 1 builds on children's prior experiences in the EYFS where teaching and learning are cross-curricular, taking a holistic view of the child's needs.

PSHE and Citizenship links most directly to these 3 areas of learning and development within the Foundation Stage:

1. **Personal, social and emotional development** which involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.
2. **Physical development** which involves providing opportunities for young children to be active, interactive and to develop their co-ordination, control and movement. Children must also be helped to understand the importance of physical activity and to make healthy choices in relation to food.

3. ***Understanding the world*** which involves guiding children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology and the environment.

Key Stage 1 and 2

Our PSHE and citizenship curriculum builds on the following statutory content in the national curriculum covering

- Drug education
- Financial education
- Sex and relationship education
- Physical activity
- Diet for a healthy lifestyle

At Christ Church we follow the Camden Scheme of Work for PSHE and Citizenship, which covers the following key topics:

- Healthy lifestyles
- Emotional health and resilience
- Anti-bullying and prejudice-based language
- Stereotyping, prejudice and discrimination
- Equality and diversity
- Sex and Relationship education (SRE)
- Safety including e-safety
- Drugs, alcohol and tobacco education
- Democracy and the rule of law
- Being an active citizen in school and the community
- Rights and respect for rights
- Looking after the environment
- Personal finance
- Careers and the world of work
- Enterprise

These topics are explored at different levels as relevant to different years and we have adapted the scheme of work to suit the needs of the pupils at our school.

CURRICULUM COVERAGE

PSHE and Citizenship is taught through a range of planned opportunities across the curriculum, a weekly lesson and regular circle times.

We also organise themed weeks which are mapped across the curriculum which complement and enrich, but do not replace, our planned PSHE teaching programme.

This is supported and enhanced through opportunities throughout the school that are a valuable contribution which support children's personal and social development eg Anti-bullying Week, Health Week, Diversity Week, Black History Month.

PSHE and citizenship is also covered by other subjects

- **Science and PE**-healthy lifestyles
- **Drama and literacy**- using stories to consider issues related to relationships and health, as well as discussions about topical issues
- **RE** includes many aspects related to relationships, families and different faiths and beliefs
- **Maths**-financial capability
- **Geography**-citizenship work about different communities and looking after the environment
- **ICT**-e-safety and using databases to collate information about different opinions

TEACHING OF PSHE AND CITIZENSHIP

All class teachers teach PSHE and Citizenship and where relevant, outside visitors support and enhance the curriculum, such as parents/carers, school nurses, police, fire service, health professionals and theatre in education

All visitors are expected to work within the framework of this PSHE and Citizenship policy and the Camden protocol for involving outside visitors. We make the PSHE and Citizenship policy available to visitors and ask them to consider the following questions in preparation:

- What will they offer that the teachers cannot?
- How can the visitor's sessions be integrated into the PSHE and Citizenship programme, rather than a one off?
- What role will teachers play in the classroom?
- How will the sessions be evaluated?

Teaching methods

Teachers have the same high expectations of pupils learning in PSHE and citizenship as they would in any other subject and in addition we ensure that:

- When starting a new topic we find out children's prior knowledge to help plan the teaching.
- Pupils have opportunities to express their views and listen to others and respect different beliefs and views, to research and evaluate information and make informed decisions.

- Through PSHE teachers promote the values of the school and will challenge opinions or behaviours that are prejudicial or discriminatory or are contrary to fundamental British values
- We use a wide range of active teaching methods so that pupils are fully engaged in learning, which include providing challenging tasks appropriate to pupils' needs, questioning, and opportunities to reflect on their learning, setting independent learning tasks, encouraging collaborative working and facilitating discussions. We use activities such as debating, drama, role-play, quizzes, web-based activities and stories
- We use a variety of high quality imaginative resources in our programme. Staff view resources before they are used to ensure that their content is appropriate, relevant and up-to-date, they reflect the diversity of the school and local community, promote positive images and avoid stereotypes eg disabled, non-stereotypical gender roles, different families including same sex parents, ethnic, religious and cultural background
- We set ground rules, particularly when teaching sensitive topics such as SRE, to ensure that pupils discuss topics with respect and listen to the views of others, as well as ensuring that pupils and staff do not disclose personal information
- Through appropriate planning, involvement of support staff, resourcing and grouping and we meet the needs of all pupils, including those with special educational needs
- In Key Stage 2 classes we have an anonymous question box for pupils to raise questions that they may not feel comfortable about raising in class
- We will always seek to answer children's' questions, taking account of their age and maturity and the appropriateness of the question.

SAFEGUARDING AND CHILD PROTECTION

Teachers cannot promise pupils complete confidentiality. If a pupil was to talk to staff about a personal situation, and staff were concerned that they were at risk they will follow the school's child protection procedures (see Child Protection and Safeguarding Policy).

ASSESSMENT

We recognise the importance of effective assessment of learning in PSHE and citizenship and use it to inform planning and consolidate or accelerate learning where appropriate. Assessment can also be used to identify vulnerable pupils who may benefit from additional support such as building self-esteem or one to one support. In PSHE and Citizenship we assess

- what knowledge and understanding pupils have gained and its relevance to their lives
- what skills pupils have developed and are able to put into practice
- how pupils' feelings and attitudes have been influenced and changed

Our assessment

- is part of teaching and learning
- involves opportunities for both pupils and teachers to reflect on how far pupils have achieved the intended learning outcomes of lessons and topics
- involves periodic assessment at the end of topics/terms.
- Uses Camden's suggested end of year statements, based on the national end of key stage statements as a basis for individual pupil assessments
- Produces reports for parents and carers on each child's achievement in PSHE and citizenship, at the end of the year
- Is recorded through a portfolio of pupils' achievements both in PSHE and Citizenship and in their wider life in the school
- Includes celebrations of achievement

We also identify wider needs through surveys eg

- Pupil Attitudes to School Survey (PASS)
- Regular Pupil Voice Surveys
- Pupil focus groups

OPPORTUNITIES TO PROMOTE PSHE THROUGHOUT THE SCHOOL

In addition to the taught programme, there are a number of activities that promote our aims and outcomes for PSHE and citizenship throughout the whole school. We develop pupils' -

1. *Confidence, responsibility and making the most of their abilities* through positive rewards systems, target setting and class responsibilities
2. *Role as active citizens* through school council, playground friends, community projects, buddy systems, peer mentoring, developing class rules/charters, charity work and consultation on school improvement plan and policies, mock elections, debates, pupil questionnaires
3. *Healthy and safer lifestyles* through the promotion of walk to school week, lunch time clubs, playground games, annual health week and monitoring school meals and packed lunches
4. *Good relationships and respect for differences* between people by celebrating different cultures and involving visitors from different cultures

WORKING WITH PARENTS AND CARERS

Our school sees the personal and social development of pupils as something that is achieved in partnership with parents and carers. We value and extend opportunities for parents and carers to be involved in PSHE and Citizenship through consultation and where appropriate specific input to the curriculum.

We also offer resources and information for parents and carers to support their children in aspects of PSHE and citizenship eg e-safety, drug education, healthy eating and organise meeting for parents on SRE and workshops on e-safety.

MONITORING AND REVIEW

This policy is the responsibility of the PSHE and Citizenship co-ordinator. It will be reviewed at least every 2 years.